



MINDUP TRAIN THE TRAINER (\$2000 USD)

THE MINDUP TRAIN THE TRAINER PROGRAM CERTIFIES INDIVIDUALS TO LEAD MINDUP TRAINING, PROVIDE GUIDANCE, AND SUPPORT THE IMPLEMENTATION OF THE PROGRAM WITHIN THEIR DISTRICTS AND ORGANIZATIONS.

MindUP training is designed to enable whole-school implementation and support long-term impact. All school personnel and the wider school community are involved to help develop a mindful culture where children can thrive and be happy.

Program Participants Will Receive:

- Certified MindUP™ Training Certificate
- Ability to conduct district or organizational-wide MindUP™ training
- Access to MindUP™ Library of resources for Certified Trainers

Program Details

- Virtual Training Workshops
- Assessment which includes a training demonstration
- Follow-up coaching session to support program integration
- MindUP™ Online Membership (one-year subscription for each participant)

Train The Trainer

In the MindUP™ Train the Trainer Program, participants will:

- Learn about the principles of MindUP™ with discussion about ideas as to how to implement MindUP™ in the classroom
- Become familiar with the theoretical and pedagogical foundations of MindUP™
- Develop an acquaintance with how MindUP™ supports children's acquisition of skills to recognize and manage emotions, develop concern for others, make responsible decisions, and maintain positive relationships
- Evaluate and manage the efficacy of MindUP™
- Explore a variety of topics and issues focused on SEL, mindful education and the MindUP™ curriculum



Please Note: We have an annual re-certification process that includes a renewal fee.